



UNITED STATES NAVAL ACADEMY ANNAPOLIS, MARYLAND



HANDBOOK FOR INTERNATIONAL EXCHANGE STUDENTS 2018



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SECTION I - INTRODUCTION

WELCOME

Congratulations on being selected to study abroad in the United States, and more specifically, at the United States Naval Academy. USNA is located next to the Chesapeake Bay in Annapolis, which is the capital of the State of Maryland. This handbook has been created by the International Programs Office to try and help answer many of your questions prior to and after your arrival at the Naval Academy.



USNA Mission Statement

"To develop Midshipmen morally, mentally and physically and to imbue them with the highest ideals of duty, honor and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship and government."

Fun Facts

- USNA is one of five federal military academies in the United States.
- USNA was founded in 1845.
- USNA calls its campus the “yard,” and the student body is called the “brigade.”
- The entire brigade eats at one time in a 55,000-square-foot dining area or wardroom, King Hall. King Hall serves over 13,500 meals per day.
- Almost everything you need as a midshipman is available on the Academy grounds. There’s a bookstore, uniform and tailor shop, cobbler shop, snack bar, barber/beauty shop, post office, recreation rooms, dining facilities, and medical and dental care.
- All 4,400 midshipmen live in Bancroft Hall, one of the largest dormitories in the world. It is comprised of eight wings and covers over thirty-three acres, with 4.8 miles of corridors and 1,800 dorm rooms.
- The 4,400 midshipmen are divided into six battalions. Five companies make up each battalion, making a total of 30 companies.

SECTION II – PREPARING FOR YOUR ARRIVAL

PACKING LIST

Below is a recommended packing list. Remember this is not comprehensive but you will be able to buy most items here in the US. There is a store on the Yard, and there are stores within easy walking distance. There may be some country specific items that you may want to bring from your country such as snacks or gifts.

****Please bring your immunization record with you.**

Clothing

- Underwear (two weeks' worth)
- Socks (two weeks' worth plus a pair or two of wool socks)
- Undershirts
- Long sleeve shirts
- Short sleeve shirts
- Sweatshirt/ hoodie (2-3)
- Sweaters
- Jeans/ Khakis (2-3 pair)
- Shorts
- A belt or two
- Skirts (for the girls)
- Sets of workout clothes (1 weeks' worth)
- Pajamas
- Swimsuit
- Coat/Jacket (I recommend at least 2 – one for cold weather, and one that is water resistant)
- At least one nice outfit for formal occasions
- Flip flops/ sandals of some sort
- Sneakers/ dress shoes/ boots/
- Cold weather gear (i.e. COAT, gloves/ mittens, hat, scarf).
- **Please prepare for the cold**...temperatures in the winter (November through March) can get as low as -12°C/10°F, with ice and snow likely. No coat will be issued to you--**you must bring a regulation uniform winter coat.**

Toiletries

- TSA Compliant Toiletry Kit / 1-quart *zip-top* Ziploc bags
- Shampoo/ conditioner
- Toothbrush/ toothpaste
- Soap
- Deodorant
- Brush/ comb
- Razors/ other shaving supplies
- Contact lenses and solution
- Glasses
- Nail clippers
- Over-the-counter medicines
- Tissues
- Medications, if any

Extras

- Immunization Record
- \$300 in local currency
- Purse/ wallet
- Important documents (passport, visa, itinerary, plane tickets, etc.)
- Outlet adapter
- Sunglasses/ extra eye glasses/ contacts
- Laptop and charger (don't forget, you'll need an outlet adapter for the plug on your charger to work) **NOTE: You will be issued a laptop here. You may choose to bring your own as well.**
- Camera w/cords and charger
- Enough prescription drugs for the length of your stay (You need to make sure you are allowed to bring them into the country and that you have documentation, either the prescription or a doctor's note)
- Journal/ diary (you'll be taking plenty of pictures on your travels, but it's always nice to have something to write in.)
- Backpack (must be all black)
- Water bottle/ Nalgene bottle
- A few hangers

MISCELLANEOUS INFORMATION

Mailing Address

While at the U.S. Naval Academy, your mailing address will be:

"Your name"

International Programs Office

Leahy Hall, Room 209

117 Decatur Road, Stop 17A

Annapolis, MD 21402 USA

Expenses to Prepare For

Per USNA's Memorandum of Agreement with your home institution, you are responsible for paying the following fees for the semester:

Expected expenses:

Haircuts: (4 months)	\$100
Laundry: (4 months)	\$240
<i>(this is a mandatory fee, regardless of whether you use it or not)</i>	
Books: <i>This will vary, depending on your requirements</i>	<u>Approx. \$500</u>
Total:	Approx. \$840

*****Please plan for this expense ahead of time – make arrangements with your institution, make sure your credit card will work here, etc.**

USNA UNIFORMS

Below are a few of the uniforms the students wear on a usual basis. Your respective academy should tell you which uniforms to bring.

FALL SEMESTER:

Working Uniform for U.S. Naval Academy is the Summer Working Blues (year-round):



Camouflage Utilities Uniform: Used for underways and when prescribed for some physical evolutions

Winter Dress Uniforms: Service Dress Blues (SDBs)



Formal Uniform: Dinner Dress Mess- Used in formal Dining Events and Military Balls

SPRING SEMESTER:

Working Uniform for U.S. Naval Academy is the Summer Working Blues (year-round):



Summer Dress Uniforms: Summer Whites (uniforms switch to summer whites in late April/early May)

Formal Uniform: Dinner Dress Mess - Used in formal Dining Events and Military Balls



SECTION III – LIBERTY AND LEAVE

LIBERTY AND WEEKENDS

Liberty hours depend are dependent on class year.

- 4/C Midshipmen have town liberty on Saturday from 1200-2400 in Whites/SDBs (depending on Uniform at the time).
- 3/C Midshipmen have town liberty on Saturday from 1200-2400 and Sunday 0800-1800 Whites/SDBs (depending on Uniform at the time).
- 2/C Midshipmen have town liberty on Friday 1800-2400, Saturday from 1200-2400, and Sunday 0800-1800 in civilian attire.
- 1/C Midshipmen have town liberty on Friday last military obligation-2400, Saturday from 1200-2400, and Sunday 0800-1800 in civilian attire.

A weekly weekend/overnight list should be sent out to your company by your company Admin Officer.

- Taking a weekend allows you to take liberty from the start of your weekly class liberty until end of liberty (EOL) formation on Sunday.
- If you do not use a weekend then you will need to return for TAPS each night.
- The number of weekends granted at the beginning of the semester depends on class year. Additional weekends can be awarded by Superintendent, Commandant, Company Officer/SEL, and company staff.

FOOTBALL GAMES

- All home football games and the Army Navy game are mandatory for the entire student body unless on an excusal.
- Football games are on Saturday and usually begin at noon or 1530 and liberty commences after Blue and Gold.
- There will be travel opportunities for away games as well and information for those games will be passed in email through MWF.

LIBERTY OUTSIDE OF RADIUS

- If you are planning on leaving the 150 mile (240km) radius from the academy then you must also submit a chit to your company staff.
- The chit will also be provided by your company Admin Officer.

LEAVE

- Leave requests will require a leave chit and ORM chit submitted to your company staff and approved by your company officer.
- Some special circumstances may also require the Battalion Officer approval.
- Brigade wide leave such as Thanksgiving, Winter Break, or Spring Break will be handled as a company and information will be passed down from your company staff in advance.

ALCOHOL AND DRUGS

- The legal drinking age in the United States is 21.
- USNA has a zero tolerance policy when it comes to the illegal use of drugs.

SECTION IV: DAILY SCHEDULE

A typical weekday schedule looks something like this:

5:30 a.m.	Arise for personal fitness workout (optional)
6:30 a.m.	Reveille (all hands out of bed)
6:30 - 7:00 a.m.	Special instruction period for plebes
7:00 a.m.	Morning meal formation
7:15 a.m.	Morning meal
7:55 - 11:45 a.m.	Four class periods, 50 minutes each
12:05 p.m.	Noon meal formation
12:10 p.m.	Noon meal
12:50 - 1:20 p.m.	Company training time
1:30 - 3:30 p.m.	Fifth and sixth class periods
3:45 - 6:00 p.m.	Varsity and intramural athletics, extracurricular and personal activities; drill and parades twice weekly in the fall and spring
6:30 - 7:15 p.m.	Evening Meal
8:00 - 11:00 p.m.	Study period
Midnight	Taps for all midshipmen

PLAN OF THE DAY

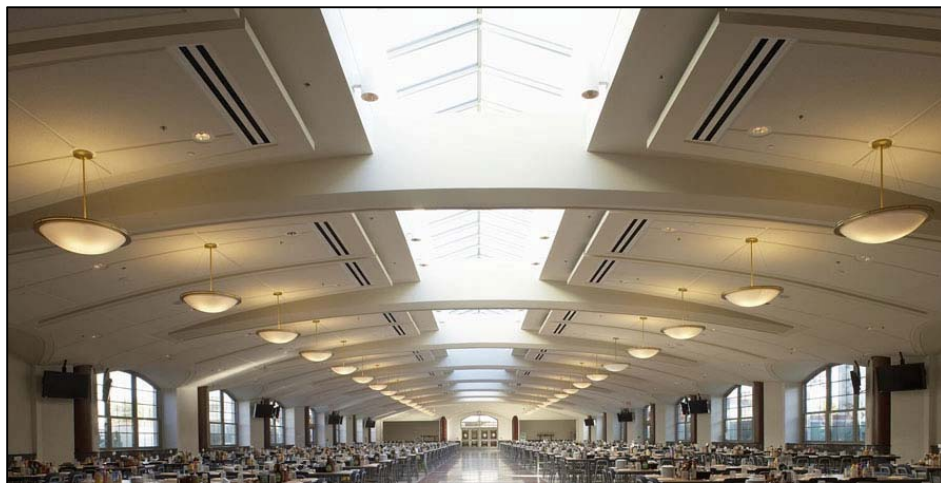
Information about the events for the day can be found on the intranet.

When connected to the USNA network go to <https://intranet.usna.edu>

The screenshot shows the USNA Intranet homepage. At the top, there is a search bar and navigation links for Admin, Midshipmen, Faculty/Staff, and Support Activity. Below this is a navigation bar with tabs for DEPARTMENTS, ACADEMICS, COMMANDANT, ATHLETICS, and LIBRARY. A row of icons includes Mail, Blackboard, MIDS, King Hall Menus, Plan of the Day (circled in red), ITSC, Instruction & Notices, and Home Page. The main content area is divided into several sections: 'Today @ USNA' with links like King Hall Menus and Plan of the Day (POD); 'Applications' with a list of ALL APPLICATIONS including AIS, Annual Training (DOO Civilian / Contractor), and Blackboard; 'Administration' with links like Academic Research and Human Resources; 'Personnel Lookup' with a search box; and 'Events' with a calendar view showing upcoming events like 'Shilley Lecture Series' and 'Class of 2018 Parents' Weekend'.

MEALS

- You must be in uniform to eat in King Hall
- All meals are served in King Hall unless there is a special event. In that case there will be information passed through email or company staff.
- Information on meal times can be found on the Intranet Plan of the Day.
- Students can also order food from town and have it delivered to Gate 1 for pickup.



SECTION V – ACADEMICS

USNA CORE CURRICULUM

All USNA Midshipmen complete a core curriculum in addition to courses required specifically for their majors.

Academic Division / Course Designator	Course Title	Year in which course is typically taken			
		4/C	3/C	2/C	1/C
Engineering & Weapons	EA400/EN400/EN401	Principles of Ship Performance OR Engineering in the Littoral Zone OR Introduction to Aeronautics			Fall or Spring
	EC310/EC312	Applications of Cyber Engineering			Fall or Spring
	EM300	Principles of Propulsion			Fall or Spring
	ES300	Naval Weapons Systems			Fall or Spring
	ES360/410	Control Systems Laboratory			Fall or Spring

	EE301/EE331	Electrical Fund./Elec Eng I			Fall or Spring	
Mathematics & Science	SI110	Introduction to Cyber Security	Fall or Spring			
	SC111	Foundations of Chemistry I	Fall			
	SC112/151	Foundations of Chemistry II OR Modern Chemistry	Fall or Spring			
	SM121/131/161	Calculus I	Fall			
	SM122/162	Calculus II	Spring			
	SM221/223	Calculus III	Fall			
	SM2XY	Math IV (Determined by Major)	Spring			
	SP211/221	General Physics I	Fall			
	SP212	General Physics II	Spring			
Humanities & Social Sciences	HE111	Rhetoric and Intro to Literature I	Fall			
	HE112	Rhetoric and Intro to Literature II	Spring			
	HH104	American Naval History	Fall or Spring			

	HH215	The Premodern World	Fall or Spring	
	HH216	The West in the Modern World	Fall or Spring	
	FP130	US Government and Constitutional Development	Fall or Spring	
	HUM/SS Elective 1	<i>A HUM/SS elective at or above the 200-level**</i>	Fall or Spring	
	HUM/SS Elective 2	<i>HUM/SS elective at or above the 300-level**</i>	Fall or Spring	
	Language Courses***	<i>Four (4) semesters of a language***</i>	Fall or Spring	
Leadership Education & Development	NL110	Preparing to Lead	Fall or Spring	
	NE203	Ethics and Moral Reasoning	Fall or Spring	
	NL310	Leadership Theory and Applications	Fall or Spring	
	NL400	Law for the Junior Officer		Fall
Seamanship & Navigation	NS101	Fundamentals of Seamanship	Fall or Spring	
	NN210	Basic Navigation	Fall or Spring	
	NN310	Advanced Navigation	Fall or Spring	
	NS43X	Junior Officer Practicum		Spring

MAJORS OFFERED AT USNA

The following majors are offered from which midshipman may select to study:

- Aerospace Engineering +
- Arabic
- Chemistry +
- Chinese
- Computer Science +
- Computer Engineering +
- Cyber Operations +
- Economics* + (beginning with class of 2018) ^[1]
- Electrical Engineering +
- English*
- General Engineering +
- General Science +
- History*
- Information Technology +
- Mathematics* +
- Mechanical Engineering +
- Naval Architecture & Marine Engineering* +
- Nuclear Engineering +
- Ocean Engineering* +
- Oceanography* +
- Operations Research +
- Physics +
- Political Science*
- Quantitative Economics +
- Systems Engineering* +

* = honors program available, + = STEM major

ACADEMIC REQUIREMENTS

What types of actions lead to academic success at the USNA?

- STAY AWAKE, ALERT, AND PARTICIPATE IN CLASS! Class participation will be a component of your grade in most courses.
- Take notes in class and REVIEW them. Taking notes without reviewing them merely diminishes your attention in class.
- Do all homework problems even if your professor does not collect them.
- Develop and follow a sound time management plan.
- Start research for projects and papers early.
- Read assignments in the course syllabus, BEFORE going to class. Even if you don't fully understand the reading, the class discussion will be far more meaningful if you have had some acquaintance with the material.
- Study outside the Hall if necessary. Avoid environments that will distract you.
- Do not be satisfied with just "being SAT." USNA is about excellence, not mediocrity.
- Keep all your notes, class work, quizzes/tests organized in a notebook or folder.
- Get to know your professors on an individual basis! The two of you will benefit.
- Try to get at least 6 hours of sleep a night; most people don't function well on less.

How are my grades determined?

In each class you will be assigned a letter grade of A, B, C, D or F (A denotes excellence and F denotes failure) which corresponds to a numerical Quality Point Equivalent (QPE) of 4.0, 3.0, 2.0, 1.0, or 0.0 respectively. Your Quality Point Rating (QPR) is computed by multiplying the QPE for a course by its credit hours and dividing the sum of these products for all the courses you take in a semester by the total number of credit hours attempted.

You will be assigned a progress grade in each course after the six and twelve week point of each semester. These grades are used for information and guidance to you, your adviser and your chain of command. They do not appear on your permanent transcript. At the end of the semester you will receive a semester QPR (SQPR), which is a part of your permanent record. Only the final grade you earn in a course appears on your permanent transcript.

Academic Deficiencies

A midshipman's record is UNSAT if the most recent QPR (six-week, twelve-week or end-of-semester) is less than 2.00 or if the midshipman has two or more "D"s or at least one "F." If a midshipman falls in this category, he/she will not be allowed to participate in voluntary movement orders without special permission from the Commandant and may be ineligible for weekend liberty. The midshipman will also be provided specific guidance by the Company Officer aimed at helping to improve academic performance, including guidance pertaining to extra instruction, study skills and habits, as well as time management.

What can I do if I am having academic concerns? <http://intranet.usna.edu/AcCenter/>

(accessible after you arrive at USNA)

- Extra Instruction (EI) – From class instructor
- Consult your Academic Adviser
- Keep your Chain of Command informed about your academics
- See your Company Academic Officer
- For extra help with written assignments, visit the Writing Center located in Nimitz 105

Information taken from the PLEBE ACADEMIC HANDBOOK, ACDEANINST 1531.57V, 1 June 2016

<https://www.usna.edu/Academics/MIDN-Resources/2020%20Plebe%20Academic%20Handbook.pdf#search=plebe%20handbook>

READING YOUR SCHEDULE

You will be able to find your schedule on the MIDS system. Below is an example of a possible schedule.

General Information						
Alpha	Last Name	First Name	Company	Major	Adviser	Status
					WILLIAMS MICHAEL B	HERE FROM OTHER

Schedule						
Course	Section	Title	Instructor	Meeting Time	Building/Room	Credit Hours
EM211	4001	STATICS	GOLOM	MWF4	RI206	3
NL200	5101	HUMAN BEHAVIOR	LANDSINGER	TR10	LU116	3
NN210	3004	BASIC NAVIGATION	HOLTZ	M3,R34	LU005	2
PE408	0241	SQUASH	SCHAFFNER	R2	FH_SQUASH	0
SM121	2042	CALCULUS I	SPENCER	MTWF2	CH131	4
Total Credits:						12

Free Periods
M 1567 T 1347 W 13567 R 17 F 13567 S 1234567

Pd	Duration	Pd	Duration
1	0755-0845	8	0755-0910
2	0855-0945		
3	0955-1045	9	0955-1110
4	1055-1145		
5	1330-1420	10	1330-1445
6	1430-1520		
7	1530-1620		

- There are 10 possible class periods throughout each day.
- 1-6 are 50 minute periods with a ten minute break to get to your next class.
- 7th period is very rare.
- 8-10 are 75 minute periods (period and a half) but will appear on your schedule as a double period of the course.
- You will notice that the meeting times only list letters and numbers. Below is a breakdown of what those mean.

Days of the Week

- M=Monday
- T=Tuesday
- W=Wednesday
- R=Thursday
- F=Friday

Buildings

- CH = Chauvenet
- LC = Levy Center
- LJ = Lejeune
- LU = Luce
- MD = Macdonough
- MA = Mahan
- MI = Michelson
- MT = Mitscher (Laboon Center)
- MU = Maury
- NI = Nimitz
- RI = Rickover
- SA = Sampson

COURSE NUMBERING

The course labeling system may be confusing at first but here is a breakdown of what each letter and number mean (color coded). For example:

Course name & number:

SM221P

Unique Course Identifier

Division:

E – Engineering
S – Math & Science
H – History / English
F – Poly Sci / Econ /
Languages
N – Pro Dev /
Officer Dev
P – Phys Ed

Engineering:

A – Aero/Astro
C – Computer
E – Electrical
M – Mechanical
N – Naval/Ocean
R – Nuclear
S – Systems

Math & Science:

C – Chemistry
I – Computer Sci
M – Math
O – Oceanography
P – Physics

Hum & Soc Sci:

E – Econ or English
H – History
P – Political Science
X – Arabic, Chinese,
French, German,
Japanese, Russian
or Spanish

Nominal Year:

1 – 4/c
2 – 3/c
3 – 2/c
4 – 1/c

Typical Variants:

P – Plebe
A – Additional help
S – Honors
V – Validators
X – International Mids

ACCESSING MIDS

You can access the MIDS system both on and off the yard. (NOTE: You will not be able to access the USNA system until after you have arrived here and are put into the system.)

For on the yard access- <https://mids.usna.edu>

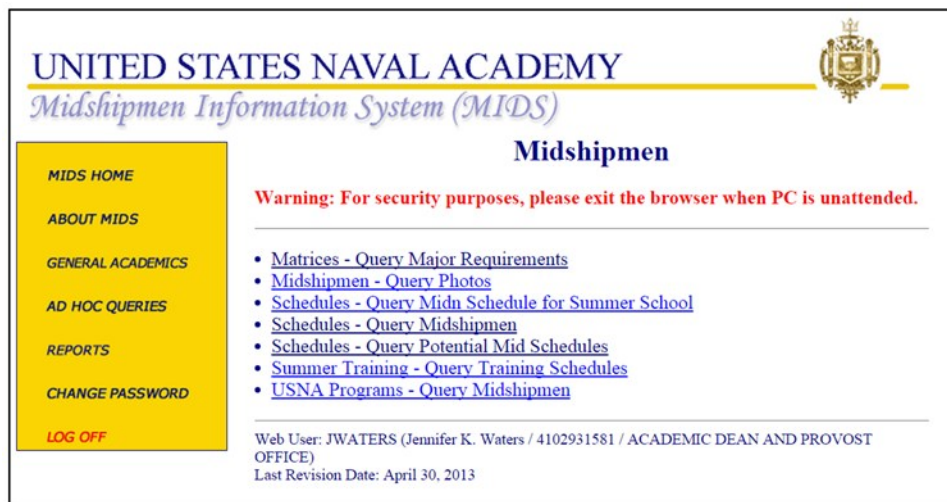
For off the yard access- <https://midsweb.usna.edu>



The screenshot shows the homepage of the United States Naval Academy's Midshipmen Information System (MIDS). The page features the USNA crest in the top right corner and the title "UNITED STATES NAVAL ACADEMY Midshipmen Information System (MIDS)". A yellow sidebar on the left contains navigation links: ABOUT MIDS, GENERAL ACADEMICS, USER REPOSITORY, AD HOC QUERIES, REPORTS, CHANGE PASSWORD, LOG OFF, and ITSD ADMINISTRATION. The main content area includes a grid of buttons for various departments: Academic Center, Academic Dean, Commandant's Staff, Department Chair, Faculty, Registrar, Logistics, Mid Personnel Office, Midshipmen, Physical Education, and ProDev. A red warning message states: "Warning: For security purposes, please exit the browser when PC is unattended." Below this is a blue header for "Maintenance Schedule" with a bullet point: "Sundays: Unavailable from 0300 to 0500 for Weekly Backups". At the bottom, contact information for the Information Resource Center (IRC) is provided, along with the revision date (May 30, 2013), URL (https://mids.usna.edu), and a link to the Privacy & Security Notice.



To access your schedule, click the General Academics tab.



The screenshot shows the "Midshipmen" page within the MIDS system. The page features the USNA crest in the top right corner and the title "UNITED STATES NAVAL ACADEMY Midshipmen Information System (MIDS)". A yellow sidebar on the left contains navigation links: MIDS HOME, ABOUT MIDS, GENERAL ACADEMICS, AD HOC QUERIES, REPORTS, CHANGE PASSWORD, and LOG OFF. The main content area has a blue header for "Midshipmen" and a red warning message: "Warning: For security purposes, please exit the browser when PC is unattended." Below this is a list of links: Matrices - Query Major Requirements, Midshipmen - Query Photos, Schedules - Query Midn Schedule for Summer School, Schedules - Query Midshipmen, Schedules - Query Potential Mid Schedules, Summer Training - Query Training Schedules, and USNA Programs - Query Midshipmen. At the bottom, the web user information is displayed: "Web User: JWATERS (Jennifer K. Waters / 4102931581 / ACADEMIC DEAN AND PROVOST OFFICE)" and "Last Revision Date: April 30, 2013".

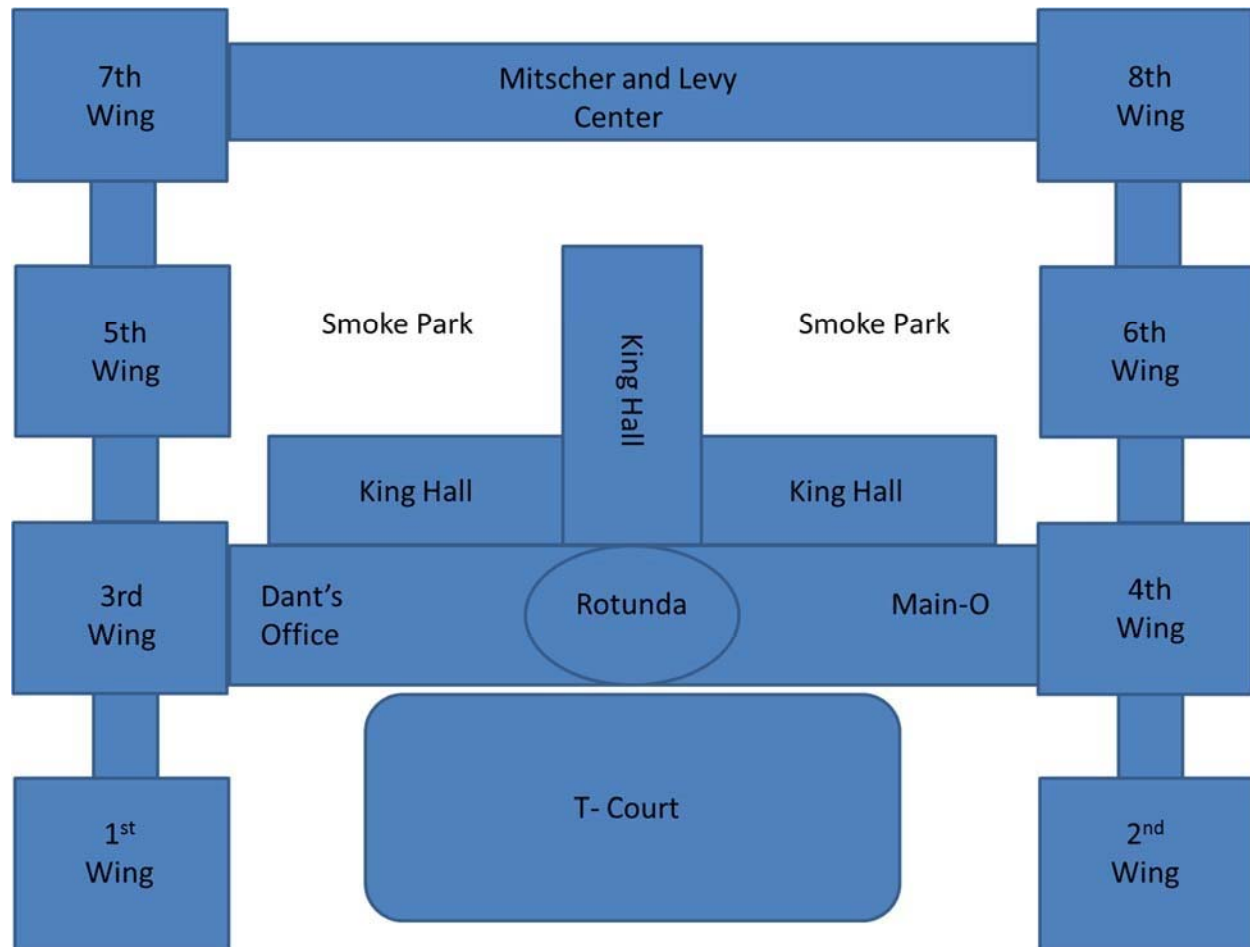


Your schedule will be under Schedules – Query Midshipmen.

SECTION VI – BANCROFT HALL (MOTHER B)

Bancroft Hall is the home of the Brigade. All Midshipmen must live in the dorm for all four years. Bancroft is broken down into the Rotunda and wings 1-8.

Note: This is only a general map of 0 Deck and the Basement



USEFUL PLACES IN EACH WING:

1st Wing

- Barbershop/Salon (Waves)

2nd Wing

- Armory

3rd Wing

- Midshipmen Store
- Midshipmen Welfare Fund (MWF)

4th Wing

- Self-Service Laundry
- ECA Spaces
- Squash Courts
- Pistol Range
- Midshipmen Personnel Office (MIDPERS)

5th Wing

- Self-Service Laundry
- Uniform Store
- Book Store
- Tailor Shop
- Cobbler Shop
- 5th Wing laundry Service (sheets, iron/uniform crease service, etc)

6th Wing

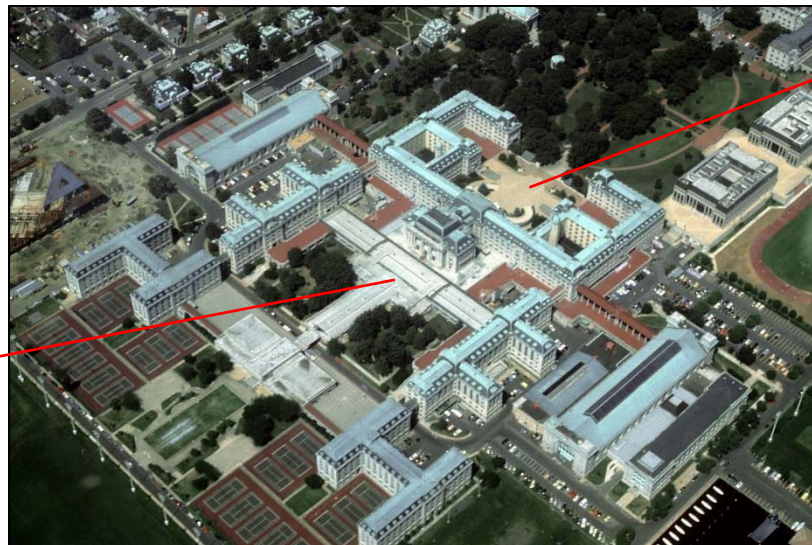
- BMU (Brigade Medical Unit)
- Dental
- Orthopedics/Sport Medicine

7th Wing

- Post Office
- 7th Wing Gym
- 7th Wing Lockers

8th Wing

- Optometry
- Midshipmen Development Center (MDC)
- Physical Therapy



King Hall
(dining)

T-Court

*Aerial view
of Bancroft*

SECTION VII – ATHLETICS

All USNA Midshipmen are required to participate in a sport at some level. USNA offers Varsity, Club or Intramural levels. Below is a list of the sports that USNA has to offer.

VARSITY SPORTS

Men's Varsity Sports

- [Baseball](#)
- [Basketball](#)
- [Crew, Heavyweight](#)
- [Crew, Lightweight](#)
- [Cross Country](#)
- [Football](#)
- [Golf](#)
- [Gymnastics](#)
- [Lacrosse](#)
- [Soccer](#)
- [Sprint Football](#)
- [Squash](#)
- [Swimming and Diving](#)
- [Tennis](#)
- [Track - Indoor & Outdoor](#)
- [Water Polo](#)
- [Wrestling](#)



Women's Varsity Sports

- [Basketball](#)
- [Crew](#)
- [Cross Country](#)
- [Golf](#)
- [Lacrosse](#)
- [Soccer](#)
- [Swimming and Diving](#)
- [Tennis](#)
- [Track - Indoor & Outdoor](#)
- [Volleyball](#)



Co-Ed Varsity Sports

- [Rifle](#)
- [Sailing - Intercollegiate](#)
- [Sailing - Offshore](#)

Club Sports

Men's

- Boxing
- Ice Hockey
- Lacrosse
- Rugby
- Volleyball

Women's

- Rugby
- Softball

Co-Ed

- Cycling
- Fencing
- Judo
- Marathon
- Pistol
- Powerlifting
- Triathlon

Intramurals (changes each semester)

- Ultimate Frisbee
- Flag Football
- Soccer
- Volleyball
- Dodgeball
- Basketball
- Field ball
- Racquetball



SECTION VIII – EXTRACURRICULAR ACTIVITIES (ECAs)

USNA provides a wide variety of ECAs to participate in. None of the ECAs are mandatory but students are highly encouraged to participate. More information about each club can be found on the USNA website.

Below is a list of ECAs USNA has to offer:

Academic

- Allies/ Civil Military Relations Club
- American Society of Mechanical Engineers
- Chemistry
- Golden Key National Honor Society
- Math Club
- National Society of Black Engineers
- Russian Studies Club
- Society of American Military Engineers

Community Service

- Joy Bright Hancock Organization
- Midshipmen Action Group

Competitive

- Adventure Racing Team
- Alpine Ski Team
- Bodybuilding Team
- Combat Arms Team
- Debate Team
- Equestrian Team
- Field Hockey
- Infantry Skills Team
- Men's Ice Hockey
- Parachute Team
- Silent Drill Team
- Ultimate Frisbee Team
- Women's Ice Hockey
- Water Polo
- Women's Gymnastics Club

Heritage

- Arabic Club
- Chinese Culture Club
- Filipino-American Club
- French Club
- German Club
- Italian-American Midshipmen Club
- Japanese American Club
- Korean-American Midshipmen Club
- Latin American Studies Club

- Midshipmen Black Studies Club
- Native American Heritage Club

Musical/Theater

- Catholic Choir
- Drum and Bugle Corps
- Gospel Choir
- Halloween Concert
- Instrumental Ensemble
- Masqueraders
- Men's Glee Club
- Musical Activities
- Pipes & Drums
- Protestant Choir
- Trident Brass
- Naval Academy Winter Musical
- Women's Glee Club

Non-Competitive

- Dance Club
- Mountaineering Club

Personal Development

- Crossfit Blue and Gold
- Freethinkers and Atheists
- National Eagle Scout Association
- Navy Spectrum

Professional

- Color Guard
- Dolphin Club
- International Midshipmen Club
- Investment Club
- Navy Medicine Club
- Model United Nations
- Naval Academy Foreign Affairs Conference
- Naval Academy Leadership Conference
- Offshore Sailing Training Squadron
- Society of Hispanic Professional Engineers
- Surface Navy Association
- Society of Naval Architects and Marine Engineers
- Special Operations Team
- Semper Fidelis Society
- VT-NA
- Yard Patrol Craft Squadron

Publications

- Labyrinth
- The Log Magazine
- Lucky Bag
- Technology and Multimedia

Recreational

- Amateur Radio Club
- Chess Club
- Green Classroom Club
- Midshipmen Fishing and Conservation Club
- Navy Beats
- USNA Paintball Club
- Rock Climbing Team
- Scuba Club
- Yoga Club

Religious

- Baptist Collegiate Ministry
- Catholic Daughters of America
- Catholic Midshipmen Club
- Cru
- Fellowship of Christian Athletes
- Jewish Midshipmen Club
- Latter-Day Saints Club
- Muslim Midshipmen Club
- Navigators
- Officers' Christian Fellowship
- Protestant Midshipmen Club
- Commodore Barry Council
- Young Life College

Spirit

- Cannoneers

Sports

- Men's Soccer
- Navy Spirit Team

STEM

- American Institute of Aeronautics and Astronautics
- American Nuclear Society
- Astronomy Club
- Cyber Initiatives Club
- Motor Sports
- Oceanography

SECTION IX – PHYSICAL READINESS TEST (PRT)

Midshipmen (including international exchange midshipmen) are required to pass a PRT each semester.

The PRT consists of max pushups in two minutes, max sit-ups in two minutes, and a 1.5 mile run.

International Midshipmen are also required to take the PRT and meet the following standards.

Males

Minimum

Sit-ups- 65

Pushups- 45

1.5 mile run- 10:30

Maximum

Sit-ups- 101

Pushups- 101

1.5 mile run- 8:15

Females

Minimum

Sit-ups- 65

Pushups- 20

1.5 mile run- 12:40

Maximum

Sit-ups- 101

Pushups- 85

1.5 mile run- 9:35











Your final end-of-semester Physical Education (PE) grade will be based on two factors:

PE class grade	<u>2/3</u>
PRT score	<u>1/3</u>
Final PE grade	

Additionally, if there is any component failure (if you fail your class or fail the PRT), your final PE grade will be "F."

SECTION X - RANK STRUCTURE & INSIGNIA – U.S. Naval Academy & U.S. Navy

Here is a chart showing the rank structure and insignia of the Brigade of Midshipmen at the U.S. Naval Academy:

United States Navy Midshipman Class & Rank Insignia			
Class Insig.	Shoulder Marks	Blue Coat Sleeve	Collar Device
MIDN 4/C	 No stripes with fouled anchor	No stripes Note: NROTC class stripes are located midway between the shoulder and the elbow on the left sleeve of the Service Dress Blue coat	No collar device NROTC: Naval Reserve Officers Training Corps USNA: United States Naval Academy
MIDN 3/C	 One diagonal stripe with fouled anchor	NROTC: One stripe USNA: One diagonal stripe, left sleeve only	Right Anchor only
MIDN 2/C	 Two diagonal stripes with fouled anchor	NROTC: Two stripes USNA: Two diagonal stripes, left sleeve only	Right and Left Anchors
MIDN 1/C	 One horizontal stripe with fouled anchor	NROTC: Three stripes USNA: One stripe on both sleeves	Right and Left Anchor & Eagles
NOTE: Marine-Option NROTC Midshipmen wear a gold Marine Corps eagle, globe and anchor insignia in place of collar anchors and on shoulder boards in place of the fouled anchor.			
Rank Insig.	Shoulder Marks	Blue Coat Sleeve	Collar Device
MIDN LTJG	 Two horizontal stripes with star	NROTC: Two stripes with star USNA: Two stripes with star	Two gold bars (left & right)
MIDN LT	 Three horizontal stripes with star	NROTC: Three stripes with star USNA: Three stripes with star	Three gold bars (left & right)
MIDN LCDR	 Four horizontal stripes with star	NROTC: Four stripes with star USNA: Four stripes with star	Four gold bars (left & right)
MIDN CDR	 Five horizontal stripes with star	NROTC: Five stripes with star USNA: Five stripes with star	Five gold bars (left & right)
MIDN CAPT	 Six horizontal stripes with star	NROTC: Six stripes with star USNA: Six stripes with star	Six gold bars (left & right)
MIDN ENS	 One horizontal stripe with star	NROTC: One stripe with star USNA: One stripe with star	One gold bar (left & right)

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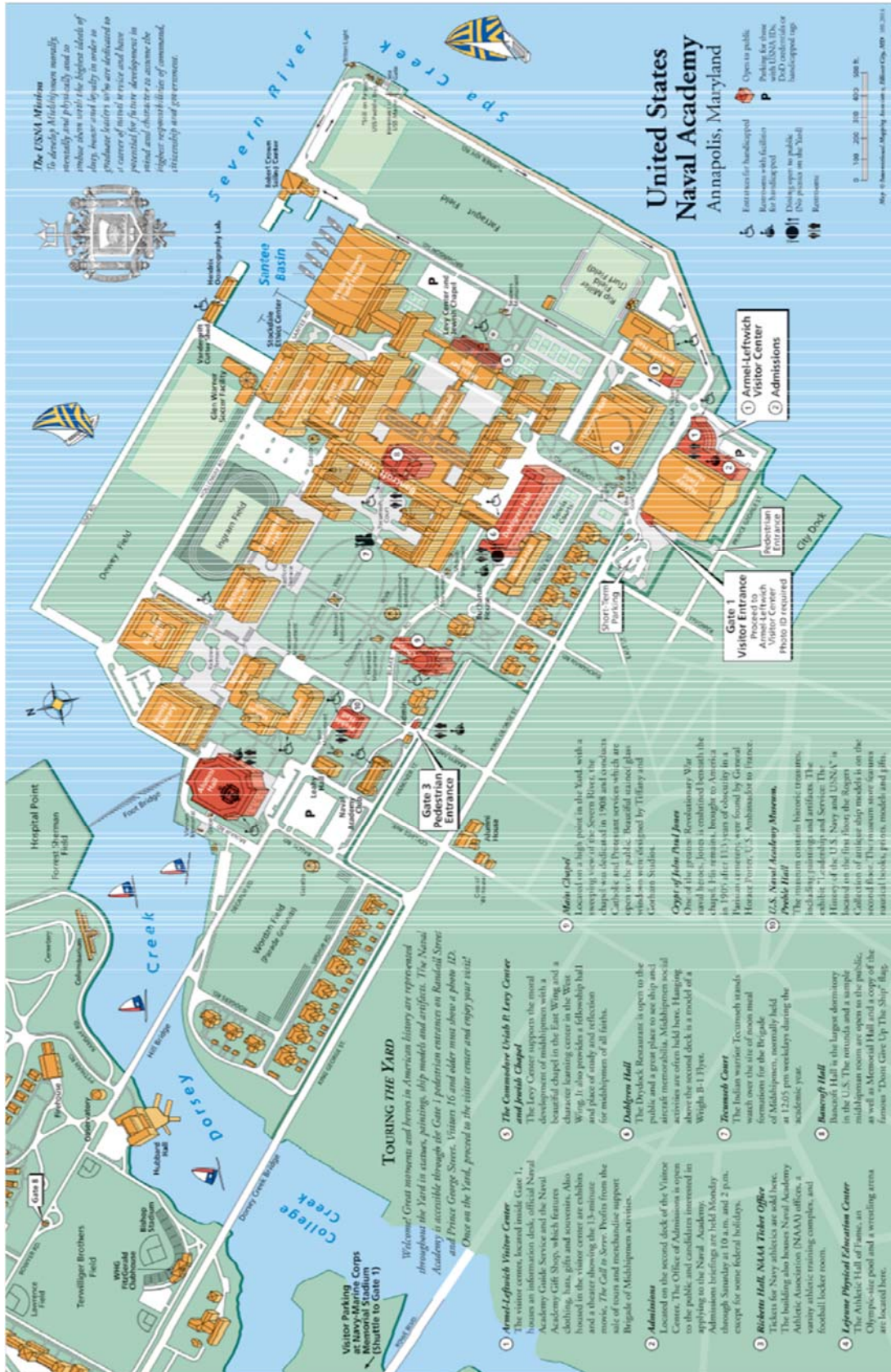
This chart shows the rank structure and insignia of U.S. Navy officers:

RANK INSIGNIA OF THE U.S. ARMED FORCES										
OFFICERS										
0-1	0-2	0-3	0-4	0-5	0-6	0-7	0-8	0-9	0-10	SPECIAL
ARMY - AIR FORCE - MARINES										
NAVY - COAST GUARD										
W-1	W-2	W-3	W-4	W-5						
ARMY										
NAVY - COAST GUARD										
Warrant Officer 1 W-1 * The grade of Warrant Officer W-1 is no longer in use.				NO Chief Warrant Officer (CW05)						
MARINES										
AIR FORCE										
NO WARRANT	NO WARRANT	NO WARRANT	NO WARRANT	NO WARRANT						

This chart shows the rank structure and insignia of U.S. Navy enlisted personnel:

RANK INSIGNIA OF THE U.S. ARMED FORCES													
ENLISTED													
E-1	E-2	E-3	E-4	E-5	E-6	E-7	E-8	E-9	SENIOR ENLISTED ADVISORS				
ARMY													
no insignia Private E-1 (PV1)	 Private E-2 (PV2)	 Private First Class (PFC)	 Specialist (SPC)	 Sergeant (SGT)	 Staff Sergeant (SSG)	 Sergeant First Class (SFC)	 Master Sergeant (MSG)	 First Sergeant (1SG)	 Sergeant Major (SGM)	 Command Sergeant Major (CSM)	 Sergeant Major of the Army (SMA)		
MARINES													
no insignia Private (Pvt)	 Private First (PFC)	 Lance Corporal (LCpl)	 Corporal (Cpl)	 Sergeant (Sgt)	 Staff Sergeant (SSgt)	 Gunnery Sergeant (GySgt)	 Master Sergeant (MSgt)	 First Sergeant (1stSgt)	 Master Gunnery Sergeant (MGySgt)	 Sergeant Major (SgtMaj)	 Sergeant Major of the Marine Corps (SgtMajMC)		
AIR FORCE													
no insignia Airman Basic (AB)	 Airman (Amm)	 Airman First Class (A1C)	 Senior Airman (SrA)	 Staff Sergeant (SSgt)	 Technical Sergeant (TSgt)	 Master Sergeant (MSgt)	 First Sergeant (E-7)	 Senior Master Sergeant (SMSgt)	 First Sergeant (E-8)	 Chief Master Sergeant (CMSgt)	 First Sergeant (E-9)	 Command Chief Master Sergeant (CCM)	 Chief Master Sergeant of the Air Force (CMSAF)
NAVY													
no insignia Seaman Recruit (SR)	 Seaman Apprentice (SA)	 Seaman (SN)	 Petty Officer Third Class (PO3)	 Petty Officer Second Class (PO2)	 Petty Officer First Class (PO1)	 Chief Petty Officer (CPO)	 Senior Chief Petty Officer (SCPO)	 Master Chief Petty Officer (MCPO)	 Force or Fleet Command Master Chief Petty Officer (FORMC) (FLTMC)	 Master Chief Petty Officer of the Navy (MCPON)			
COAST GUARD													
 Seaman Recruit (SR)	 Seaman Apprentice (SA)	 Seaman (SN)	 Petty Officer Third Class (PO3)	 Petty Officer Second Class (PO2)	 Petty Officer First Class (PO1)	 Chief Petty Officer (CPO)	 Senior Chief Petty Officer (SCPO)	 Master Chief Petty Officer (MCPO)	 Command Master Chief (CMC)	 Master Chief Petty Officer of the Coast Guard (MCP-CG)			

SECTION XI – CAMPUS MAP





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